

# Getting Ready for the NDIS?

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*Things to start and help on the journey...*

## Informed

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- I know what the NDIS is and when it will start
- I know the access requirements and how to access the NDIS
- I have the reports and assessments I need to support my access request

## Clear About

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- My strengths, interests and challenges
- What a Good Life will look like for me?
- What I want to achieve and what's important right now

## and

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- The support I am currently getting
- What is working well (support I want to continue)
- What might need to change now?
- What might need to change in the future?

## Starting to think about

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- The role of informal, community and mainstream support and the role of funded support
- How I want to manage my support and funding
- For more information, inspiration and ideas please visit our resource website: **[thegoodlife.cru.org.au](http://thegoodlife.cru.org.au)**

## Confident to

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- Start to write things down
- Talk with NDIS representatives
- Talk with Service Providers about what is needed

## Connected with

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- People and resources so I can share in the wisdom and experience of other people with a disability and their families

## Building other useful connections

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- People who can help me think, prepare and start to write it down
- Someone to stand beside me when I talk with the NDIS representatives
- People who can support and help sustain me so I can make changes over time